Specimen Handling for Cleveland HeartLab Patients

TUBES NEEDED^a SPECIMEN HANDLING **TUBES TO SHIP** Listed in Draw Order 1. Gently invert 3-4 times 2. Centrifuge for 10 minutes at 1300 rcf 3. Aliquot the plasma Transport Tube 4. Transfer plasma to transport tube, discard original tube Sodium Citrate Plasma 5. Label transport tube: NaCit plasma (Light Blue Top) 1. Gently invert 5 times Clot for 30 minutes at room temperature 3. Centrifuge for 10 minutes at 1300 rcf Serum (Tiger Top with Gel Barrier) 1. Gently invert 5 times 2. Clot for 30 minutes at room temperature 3. Centrifuge for 10 minutes at 1300 rcf Aliquot the serum Transfer serum to transport tube, discard original tube Serum (Red Top without Gel Barrier) Label transport tube: Red Top serum Gently invert 8-10 times Centrifuge for 10 minutes at 1300 rcf Aliquot the plasma Transfer plasma to transport tube, discard original tube Lithium Heparin Plasma Label transport tube: LiHep plasma (Green Top) 1. Gently invert 8-10 times 2. Centrifuge for 10 minutes at 1300 rcf 3. Aliquot the plasma Transport Tube 4. Transfer plasma to transport tube, discard original tube **EDTA Plasma** 5. Label transport tube: EDTA plasma (Lavender Top) 1. Gently invert 8-10 times Do not centrifuge Note: Genetic tests and non-genetic tests require separate tubes. **EDTA Whole Blood** Up to 8 genetic tests can be performed from one tube. (Lavender Top) 1. Gently invert 8-10 times 2. Centrifuge for 10 minutes at 1300 rcf 3. Aliquot the plasma Transport Tube 4. Transfer plasma to transport tube, discard original tube **EDTA Plasma** 5. Label transport tube: Navy Blue plasma (Navy Blue Top) 1. Gently invert 8-10 times 2. Do not centrifuge **EDTA Whole Blood** (Navy Blue Top) 1. Collect urine in a sterile collection cup 2. Transfer urine into CHL's yellow top urine tube or urine transfer tube without preservative **Urine Specimen without Preservative** 3. Discard collection cup (CHL^b Yellow Top Urine Specimen Tube) 1. Collect urine in a sterile collection cup 2. Transfer urine into CHL's cherry-red/yellow top urine tube or urine transfer tube with preservative Discard collection cup **Urine Specimen with Preservative** (CHLb Cherry-Red/Yellow Top Urine Specimen Tube) 4. Invert urine tube 8-10 times

^aOrdering additional tests may require additional tubes.

^bCleveland HeartLab (CHL)

NOTES

Did you remember to...

- Label all tubes with patient's name, date of birth, and specimen type (when applicable).
- Complete phlebotomist name, draw date, and time.
- Refrigerate after draw and complete same-day shipment.

OFFICE PACKING

Specimen should be stored at 2-8° C immediately after they are collected and processed.

- Place cold or frozen (when indicated) specimen(s) in the biohazard bags.
- 2. Place completed requisition (and insurance information if applicable) for each patient in the pouch of the biohazard bag.
- 3. Place biohazard bag (with specimen(s) and requisition form) in the Styrofoam box.
- 4. Place a frozen ice pack in the Styrofoam box. Prevent direct contact with specimen.
- 5. Place Styrofoam box into FedEx Laboratory Shipping Pak.

FEDEX PICKUP	
Phone Number	1.800.463.3339 (Select options 0 and 0)
Request Instructions	"I would like to schedule a FedEx Express Billable Stamp pickup and I do not have the account number."

Have your shipping label available when calling for a pickup.

Ship for next-day delivery (with provided label) to: Cleveland HeartLab, Inc. 6701 Carnegie Ave., Suite 500 Cleveland, 0H 44103 Phone: 1.866.358.9828 Specimen can be shipped Monday through Friday

Contact Customer Service for additional information. 1.866.358.9828, Option 1

chlcustomerservice@clevelandheartlab.com

6701 Carnegie Ave. | Suite 500 | Cleveland, OH 44103 p 1.866.358.9828 | f 1.866.869.0148

clevelandheartlab.com

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